



## LCS Illness Policy 2023-2024



Students who experience the symptoms listed below should be kept home **until they are symptom-free for a FULL 24 hours since the last symptom without the use of medications.**

If your student develops an illness that requires antibiotics to no longer be infectious, they must be on antibiotics for 24 hours before returning to school.

- Vomiting
- Diarrhea
- Fever  $\geq 100.4$
- Sore throat
- Loss of taste or smell
- Sneezing, runny nose
- Headache
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, this would be a change in their cough from baseline)

To prevent the spread of illness, other conditions that require exclusion from school include:

- Open weeping sores that cannot be covered with a bandage
- Conjunctivitis (pink eye) - doctor's note required if antibiotics are not necessary
- Strep throat - may return after 24 hours on antibiotics
- Impetigo - until 24 hours of treatment and must be covered
- Pinworms
- Mouth sores that cause drooling
- Shingles - must be able to keep lesions covered
- Looks or acts very ill
- Head lice - until after first treatment and all nits are removed. Must be checked by the school nurse before returning to the classroom.

The following conditions **require a doctor's note** to return to school. Please notify the school nurse as soon as possible if your child has any of the following:

- Measles - until 4 days after the start of rash
- Mumps - until 9 days after swelling of parotid glands
- Hepatitis A - until 1 week after onset of illness or jaundice
- Tuberculosis - until treated
- Pertussis (whooping cough) - until 5 days after antibiotic treatment
- Chicken pox - until all lesions have dried, usually 6 days
- Rubella - until 6 days after onset of rash
- Scabies - until treated
- Certain stool infections - please contact the school nurse if you are unsure about a diagnosis your child received

Students displaying any of the above symptoms will be sent to the clinic and the parents will be notified as quickly as possible so the student can be taken home to recover. Students must be picked up by a parent within the hour after being notified of a child's illness.

Hand washing is one of the best ways to prevent the spread of infection. Please encourage your children to wash their hands frequently, especially after using the restroom and before eating.

Please contact your student's pediatrician with any questions. Your child may return when symptoms have resolved or they are no longer contagious. You may contact the school nurse at [SchoolHealth@lcsonline.org](mailto:SchoolHealth@lcsonline.org) if you have any other concerns.

# Quick Reference Guide for Parents/Guardians

## Medication Administration Guidelines During School

There are two options for students to receive medication while at school:

1. Directly by a parent: Parents may always come to the school to administer medications to their child(ren) as needed.
2. Through the school clinic: In order for medication to be administered through the school clinic, the following policies must be observed.
  - All medications must be received from an adult. ***Students are never allowed to transport medications. Medication will not be administered if a student brings it in.***
  - Medications must be dropped off with the nurse in the clinic.

### For All Over the Counter and Prescription Medications

Complete the “Lakeland Christian School Authorization for Medication” form. A doctor must fill out the bottom portion. The school cannot administer medications unless this form is completed. *This applies to both short term medications such as antibiotics as well as maintenance medications.*

Tip: you might want to keep some forms on hand for urgent care situations.

All medications must be received in the current pharmacy-labeled container. Medications required to be split must be done either at home or by the pharmacist before it is brought to school. School personnel are not allowed to split medications. **This includes medications for field trips.**

*Thank you for allowing us to serve your family.  
Please contact the school clinic with any questions or concerns.*