| MONDAY | TUESDAY | WEDNESDA | THURSDAY | FRID A Y | WEEKLY SALAD |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2 <br> Deep Dish Pizza <br> Mixed Vegetables Breadstick Apple Slices | 3 <br> Creamy Chicken Alfredo <br> Italian Vegetables Garlic Breadstick Pears | 4 <br> Orange Chicken <br> White Rice <br> Steamed Broccoli Eggroll Orange Wedges | 5 <br> LCS Pizza <br> Tossed Salad <br> Mixed Fruit <br> Fresh Baked Cookie | Buffalo Chicken Salad <br> Chicken Tenders tossed in Buffalo Sauce, Tomatoes, Celery, Red Onion Blue Cheese Crumbs \& Dressing |
| 8 <br> Chicken Patty Sandwich <br> Mac \& Cheese Buttered Peas Applesauce | 9 <br> Walking Tacos Cilantro Lime Rice Black Beans \& Corn Pineapple Churro | 10 <br> Chicken Parmesan Creamy Penna Pasta Italian Vegetables Garlic Breadstick Peaches | 11 <br> Shepard's Pie Mixed Vegetables Fresh Baked Roll Mandarin Orange Jello | 12 <br> LCS Pizza <br> Tossed Salad Mixed Fruit Fresh Baked Cookie | Strawberry Spinach Salad <br> Baby Spinach, Bacon Strawberries, Feta Sunflower Seeds Raspberry Vinaigrette |
| 15 <br> Grilled Cheese \& Tomato Soup Chips Applesauce | 16 <br> Salisbury Steak <br> Mashed Potatoes Sliced Carrots Fresh Baked Roll Peaches | 17 <br> Creamy Pesto Chicken Cheese Tortellini Italian Vegetables Garlic Knot Peaches | 18 <br> Chicken Cacciatore <br> White Rice Steamed Vegetables Garlic Toast Pears | LCS Pizza <br> Tossed Salad Mixed Fruit Fresh Baked Cookie | Grilled Chicken Caesar Salad Grilled Chicken over Romaine Lettuce, Tomatoes Parmesan Cheese, Croutons Classic Caesar Dressing |
| 22 <br> Breakfast for Lunch Buttermilk Pancakes Sausage Links Hashbrown Banana | 23 <br> Beef Stroganoff Egg Noodles Buttered Peas Baked Roll Peaches | 24 <br> Spaghetti with Meatballs Italian Vegetables Garlic Toast Peaches | 25 <br> BBQ Chicken <br> Potato Salad Buttered Corn Cornbread Watermelon | LCS Pizza <br> Tossed Salad Mixed Fruit Fresh Baked Cookie | Asian Chicken Salad <br> Marinated Chicken, Diced Apples, Mandarin Oranges Crispy Wontons Sesame Dressing |
| $29$ <br> Chicken \& Waffles Buttered Corn Banana | 30 <br> Homemade Meatloaf <br> Mashed Potatoes Glazed Carrots Baked Roll Pears |  |  |  | Chef Salad <br> Turkey \& Ham, Cheddar Cheese Tomatoes, Cucumbers, Hard Boiled Egg, Croutons Choice of Dressing |

All meal options include choice of one (8 oz.) milk or (8 oz.) water
There are daily a la carte items available for students in grades 3-12.
A deli sandwich or PB\&J meal with chips, carrot sticks and fruit is always available for students in K4-12th grades.
Allergy Alert! Items in this cafeteria are prepared where wheat, nuts and soy are present and may come in contact with food.

